



Warren Eye Care

Patient Newsletter

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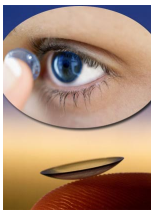
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VST



[Click here](#) to learn more about this exciting technique for reducing myopia!

Varilux 360 Lenses



Dear John,

With the holidays behind us, it's time to start thinking about spring, with a short stop for Valentine's Day in the middle. Now's a great time to update your look with new and updated frames and lenses. Nina has brought even more great frames in for the new year so feel free to stop by and check them out!

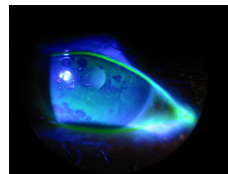
Remember that you can follow us on Twitter @warreneyecare as well as on [Facebook](#) and [Yelp](#).

You can also read [Dr. Warren's Blog](#) to see what he's been thinking about and reading as well as listening to (podcasts that is).

We work hard to keep [our website](#) up to date and fresh, please pay us a quick virtual visit!

Dry Eye In Wisconsin

Dr. Warren just presented three hours of continuing education to members of the Illinois Optometric Association in Wheeling, IL. The presentation was a mixture of topics, but one of the most actively discussed was treating dry eye. Because of our climate from December through mid March, Dry Eye Syndrome can be a very serious problem.



Many patients who have Dry Eye Syndrome aren't even aware that they have the problem. They unnecessarily put up with the ocular discomfort, redness and watering of their eyes. If this sounds like you, don't let the "Dry Eye Blues" make your eyes red and uncomfortable. Here is a link to a colleague's blog that is devoted to [Dry Eye Syndrome](#).

Treatment for Dry Eye Syndrome can be as simple as using the correct tear film supplementation or require oral medications to control the

Read About:

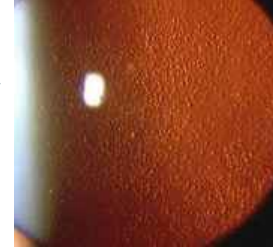
W.A.V.E.
TECHNOLOGY™
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VISION ENHANCEMENT

Learn about these exciting new lenses from Varilux at [Dr. Warren's Blog](#) or by clicking on the image above.

condition adequately. If you, a friend or loved one has uncomfortable, blurry, red or watering eyes, don't just put up with it. Schedule an appointment to find the root cause and get the relief that you deserve.

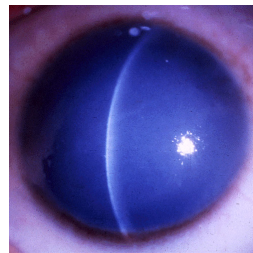
Corneal Endothelial Dystrophy

Unlike the outer surface of the cornea which is covered by a layer of cells (called the corneal epithelium) that is six layers thick, the inside layer of the cornea is covered by a layer of cells that is only one cell thick (called the corneal endothelium). Unlike the corneal epithelium, the corneal endothelium does not regrow cells to replace dead or damaged cells. It can redistribute the remaining cells by increasing the size of these cells to keep the back surface of the cornea covered.



This layer of cells is responsible for controlling the fluid level inside of the cornea. Too much fluid will result in the cornea swelling and a loss of corneal clarity. We now have the ability to screen our patients for the health of these "corneal endothelial cells" as well as monitor these cells for change over time in our patients who have a dysfunctional corneal endothelium.

The cause of Corneal Endothelial Dystrophy is unknown, but it is known to occur in older patients and in patients who have worn contact lenses, especially older technology, low oxygen transmission soft contact lenses. Certain Glaucoma medications have also been shown to effect the health of the corneal endothelium.



As part of our commitment to the visual and ocular health well being, we include the basic corneal endothelial screening in our comprehensive eye exams.

We do everything in our power to prevent vision loss and insure clear comfortable vision for our patients.

We hope that you find our Patient Newsletter informative and interesting. Please don't hesitate to contact the office or either of our doctors at any time!

Sincerely,

John Warren, OD

Sara Nicholson, OD

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